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Student Resiliency Project
LAUNCHED JANUARY 2015
Rationale

Spike in number of student conduct and cares cases, increasingly complex psycho-social needs of students during fall 2014

Need to understand characteristics of students seeking/needng specialized support

Concerns for educational impact in the short and long-term...retention, human resources, cost to students, costs to institution, etc.
Student Contact

<table>
<thead>
<tr>
<th></th>
<th>CCSD (Number of Clients)</th>
<th>CCSD (Number of Appointments)</th>
<th>DSS (Registered)</th>
<th>DSS (Testing)</th>
<th>DSS (Registered)</th>
<th>DSS (Testing)</th>
<th>DOS (General)</th>
<th>DOS (Care Team &amp; UBCT)</th>
<th>DOS (Title IX)</th>
<th>OSRR</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013-2014</td>
<td>1510</td>
<td>7221</td>
<td>667</td>
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<td>313</td>
<td>32</td>
<td>32</td>
<td>81</td>
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<td>2014-2015</td>
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<td>7599</td>
<td>731</td>
<td>4543</td>
<td>791</td>
<td>420</td>
<td>81</td>
<td>3336</td>
<td></td>
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</tr>
</tbody>
</table>
DOS and OSRR Cases (through 5/1/15)

- DOS (Care Team & UBCT):
  - 2009-2010: 26
  - 2010-2011: 24
  - 2011-2012: 182
  - 2012-2013: 215
  - 2013-2014: 303
  - 2014-2015: 394

- OSRR:
  - 2009-2010: 3216
  - 2010-2011: 3350
  - 2011-2012: 3235
  - 2012-2013: 2748
  - 2013-2014: 2329
  - 2014-2015: 3301

- Students seen by OSRR & DOS:
  - 2009-2010: 0
  - 2010-2011: 0
  - 2011-2012: 108
  - 2012-2013: 90
  - 2013-2014: 97
  - 2014-2015: 113
Charge – (VCSA)

Explore the issue of increasing numbers of students experiencing difficulties leading to disciplinary action as well as need for more intensive psychosocial interventions from campus offices to better understand and support student success as well as ascertain the educational impact of increased conduct and mental health interventions.
Project Team (reps from)

Student Affairs
- SA Assessment Office
- Dean of Students Office
- Student Health Services
- Disability Support Services
- Counseling and Student Development
- Office of Student Rights and Responsibilities
- Residence Life

Academic Affairs
- Institutional Planning, Assessment, and Research
- Counselor and Adult Education (College of Education)
- Recreation and Leisure Studies (College of Health and Human Performance)
Resilience

Whether considered an outcome, a process, or a capacity, the essence of resilience is a positive, adaptive response in the face of significant adversity.

Resilience has developed into a broad concept about adaptation to stress.

Need to understand how to build resilience and support pathways to thriving in college.
Research Questions

What is the profile of students who are engaged in disciplinary action?

◦ For those students who have had one or more disciplinary actions, what is their first-year profile compared to students in a cohort who have not had disciplinary actions?

◦ What are the enrollment patterns of these students, i.e. date of application, acceptance, etc.?

◦ What is the profile of the last 500 students admitted? Intersections between late acceptance and conduct etc.?
Research Questions

• What is the profile of students who are seeking specialized support from Dean of Students affiliated offices? (i.e. Counseling, Conduct, Disability Services)

• Are outcomes different for these two groups of students (disciplinary vs. non-disciplinary [other specialized support] (e.g., retention, graduation)?

• Has there been a change in the incoming student profile (first-year)? (2008 compared to 2014)

• How do disciplinary and non-disciplinary students differ from a control group.
Methodology

- Literature review of major concepts
- IRB Proposal: Institutional data and collection of resilience self assessment instrument and other data collection (BCSSE, NSSE, NCHA)
- Comprehensive analysis of case tracking data by Banner numbers, case categories, and institutional data
- Care Team, DOS, OSRR, DSS, Counseling, and Student Health
Methodology

- Longitudinal data analysis: 2008 first year cohort; building base for following cohorts
- 2014-2015 all students interfacing with DOS offices (Conduct, Cares, DSS, etc.) and comparison group analysis
- Incoming 2015 students: resilience self assessment data
Actions Planned

Data analysis: emerging understanding...more “frequent fliers” and significant amount of time on complex cases → interventions

Research Poster: National Symposium on Student Retention in November 2015

Grant Funding Opportunities
  ◦ Institutional Grant Committee assistance
  ◦ UNC-GA system collaboration