



Charting the Future: Supporting Holistic Student Development and Wellbeing

APLU Academic Programs Staff Development Workshop

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I'M SORRY



Enrollment and Demographic Challenges

Enrollment in Public Institutions

1980 - 6.85 million

1990 - 7.77 million

2000 - 8.38 million

2010 - 11.38 million

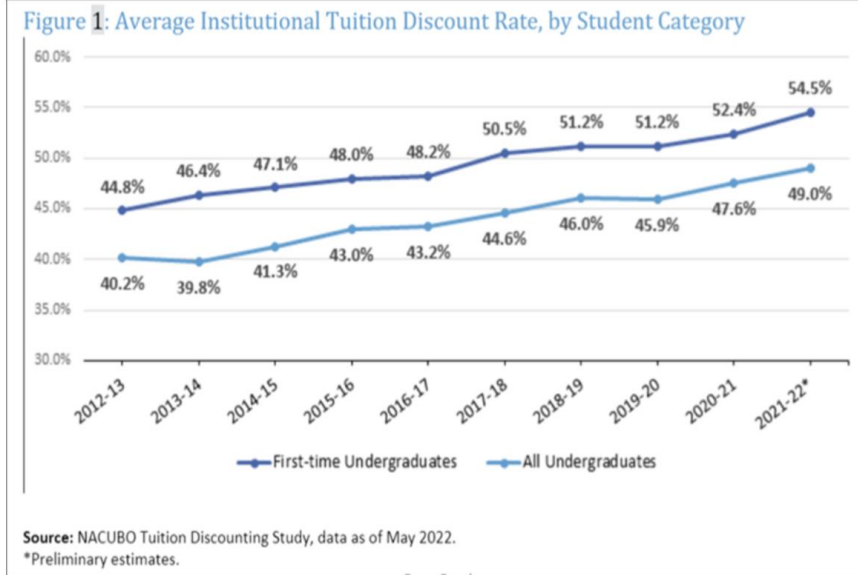
2011 - 11.65 million

2021 - 10.6 million

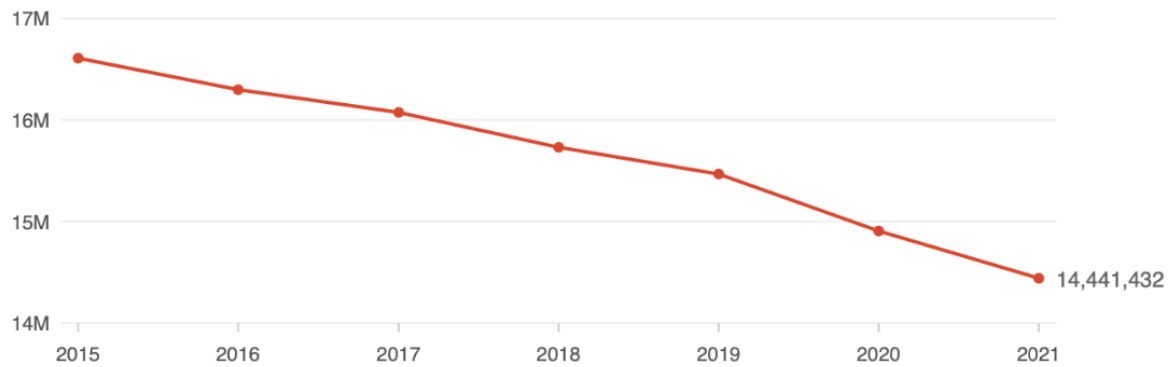
Since 2011, FTE enrollment has declined for ten straight years to 10.60 million in 2021.

In the last year, the COVID-19 pandemic led to a 3.0% decline in FTE enrollment from 2020 to 2021.

Tuition - Private Institutions



Undergraduate student enrollment fell 6.6% from fall 2019

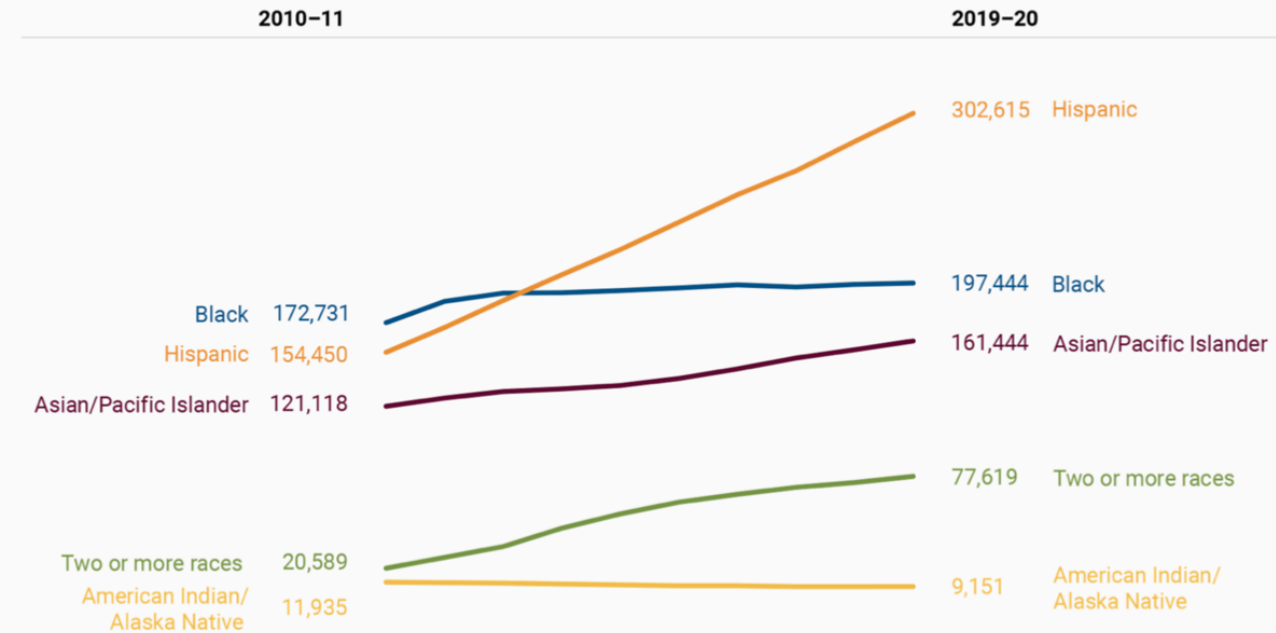


Source: National Student Clearinghouse Research Center

Credit: Tien Le/NPR

Degree attainment for some students of color has increased

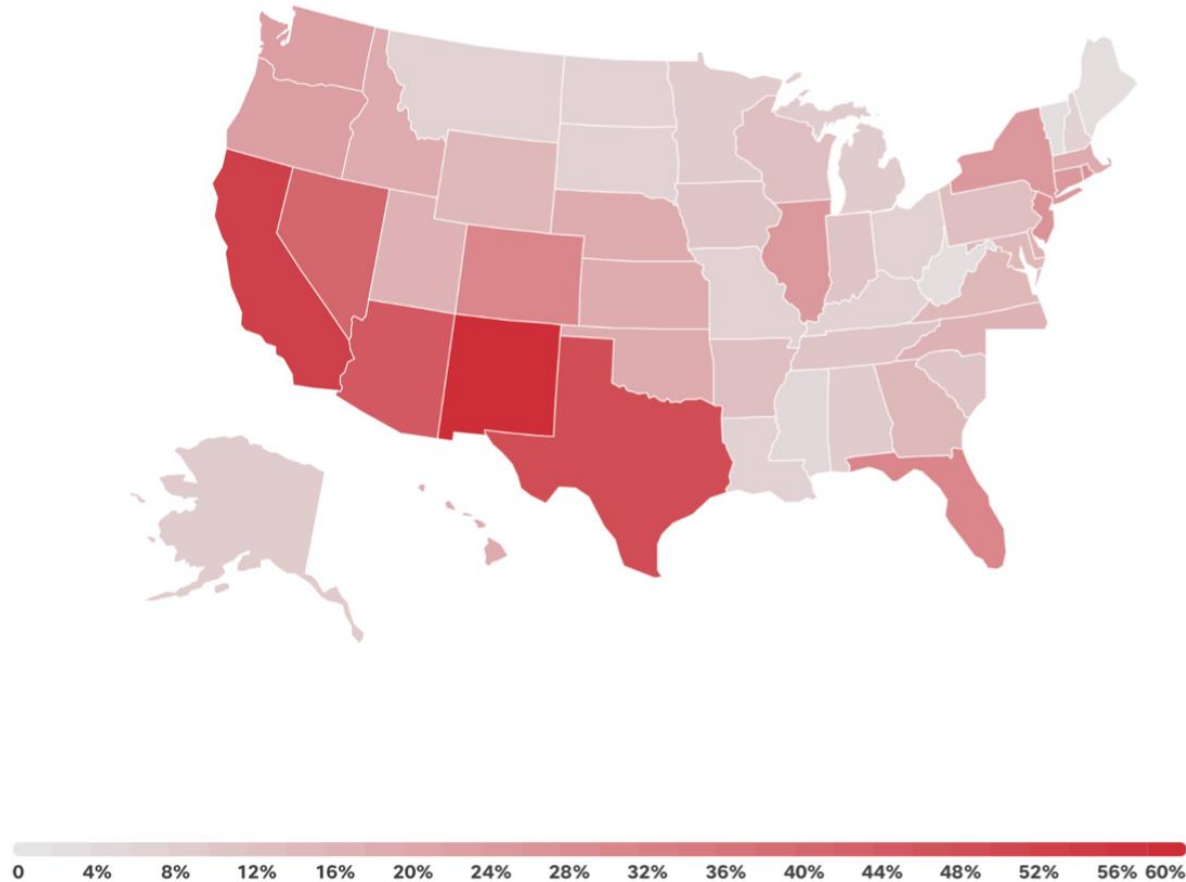
Figure 1. Growth in bachelor's degree attainment among many students of color



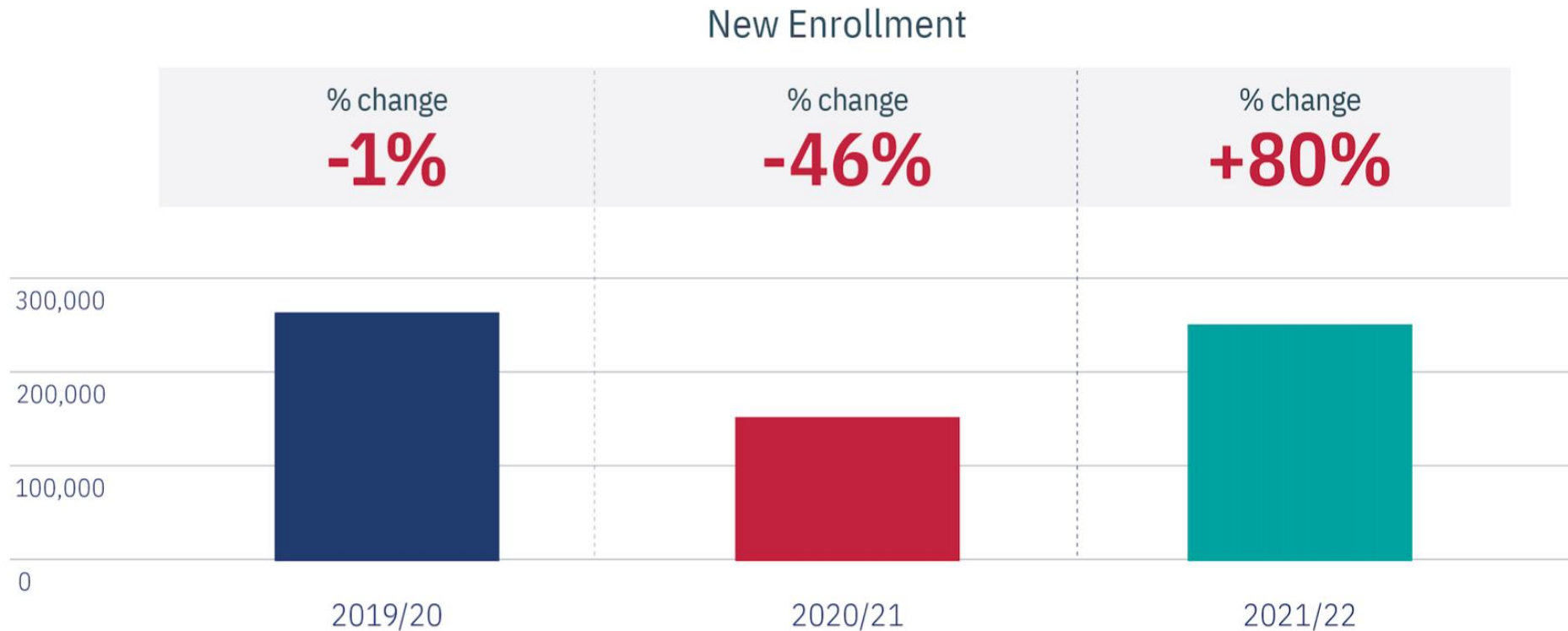
Source: Data from National Center for Education Statistics, *Digest of Education Statistics 2021* (Washington, DC: U.S. Department of Education, 2021), table 322.20. https://nces.ed.gov/programs/digest/d21/tables/dt21_322.20.asp.

Latinos will make up nearly a third of US public school students in 2030

Percent of 5-18 year-olds who are Hispanic/Latino



NEW INTERNATIONAL STUDENTS*

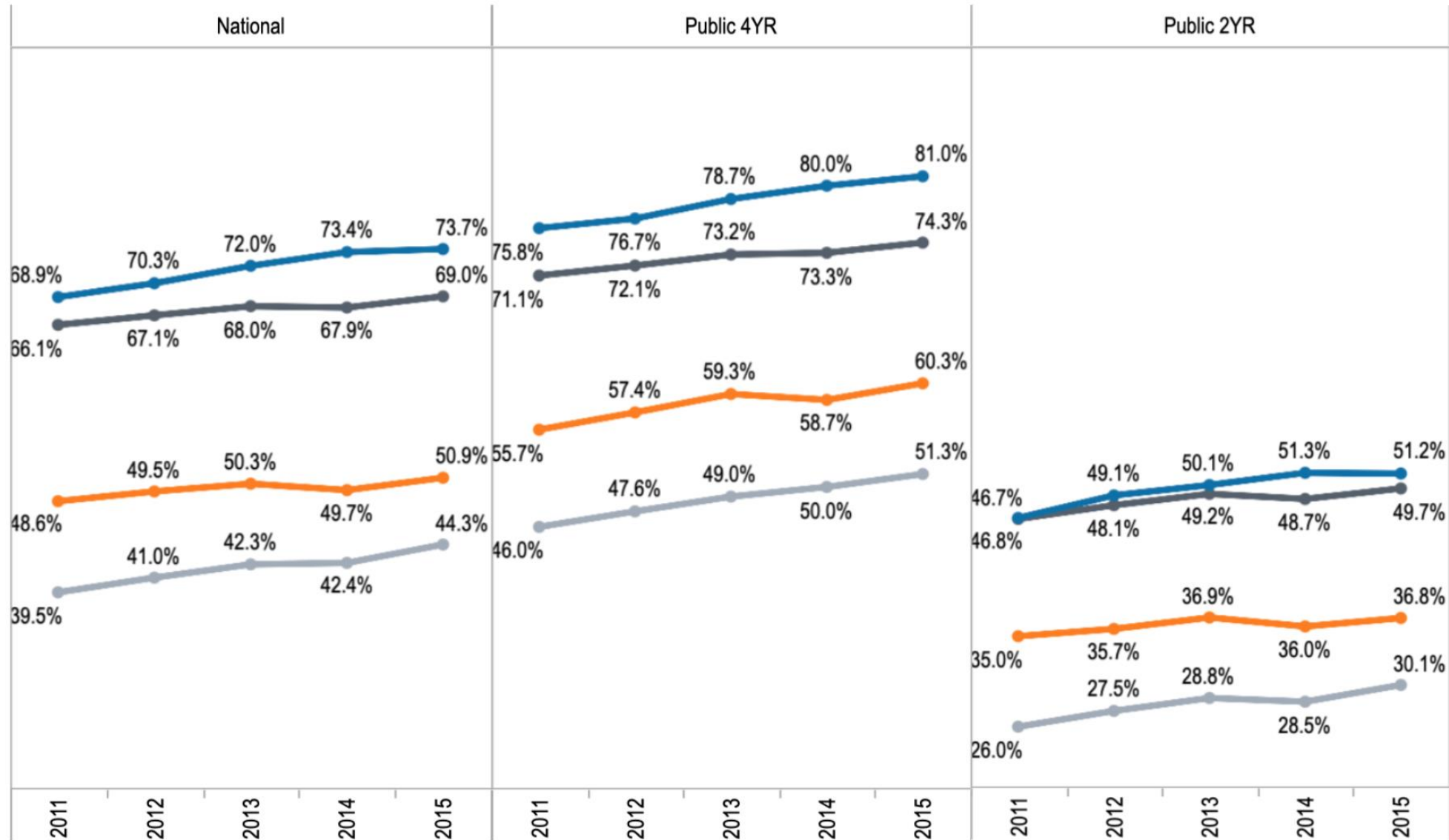


*New international students enrolled for the first time at their U.S. higher education institution.

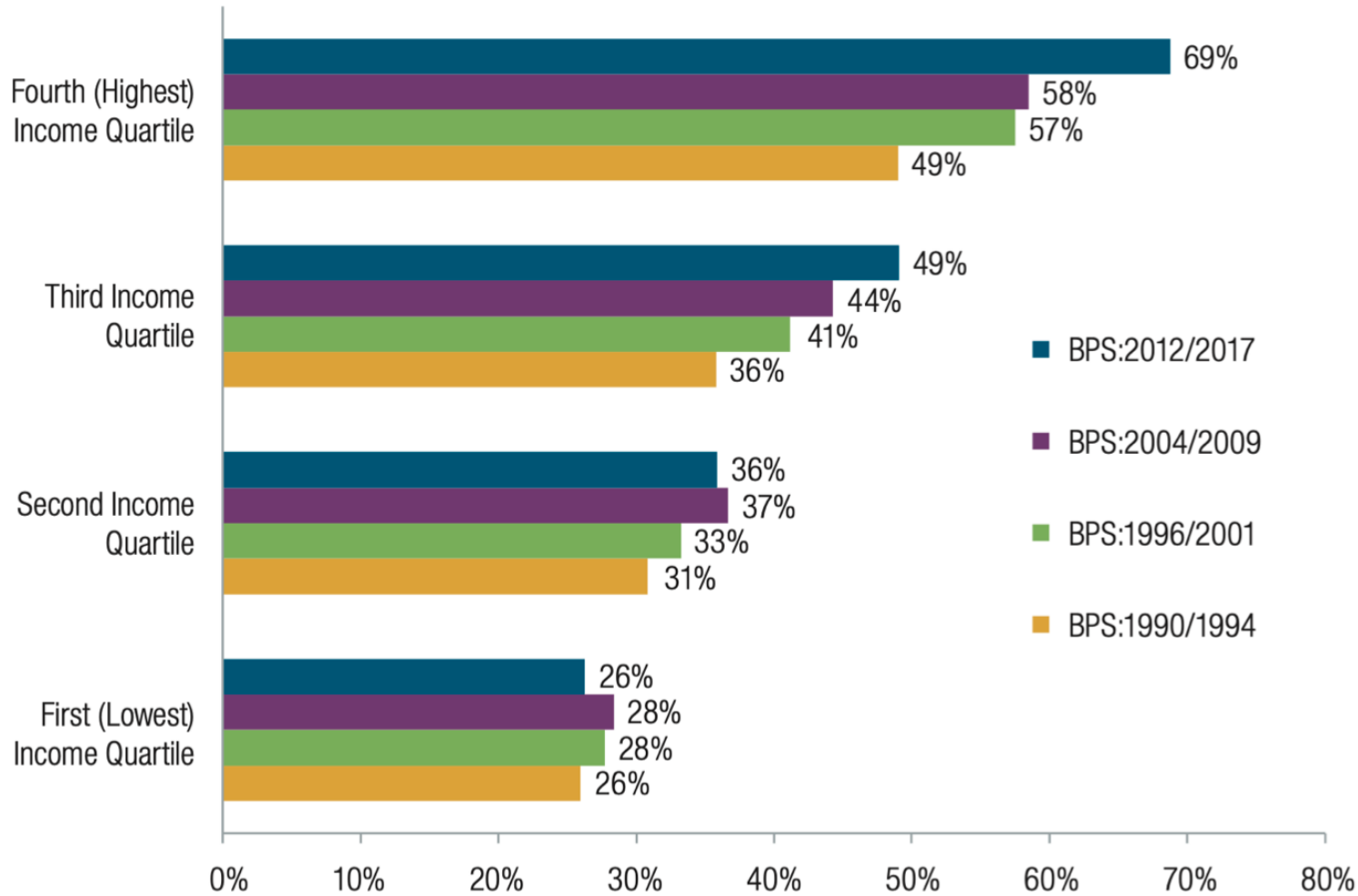
Newly enrolled international students rebounded by **80 percent** to **261,961** in 2021/22.

National Completion Rate Trends by Race/Ethnicity

Fig 5 and 6. Race/Ethnicity

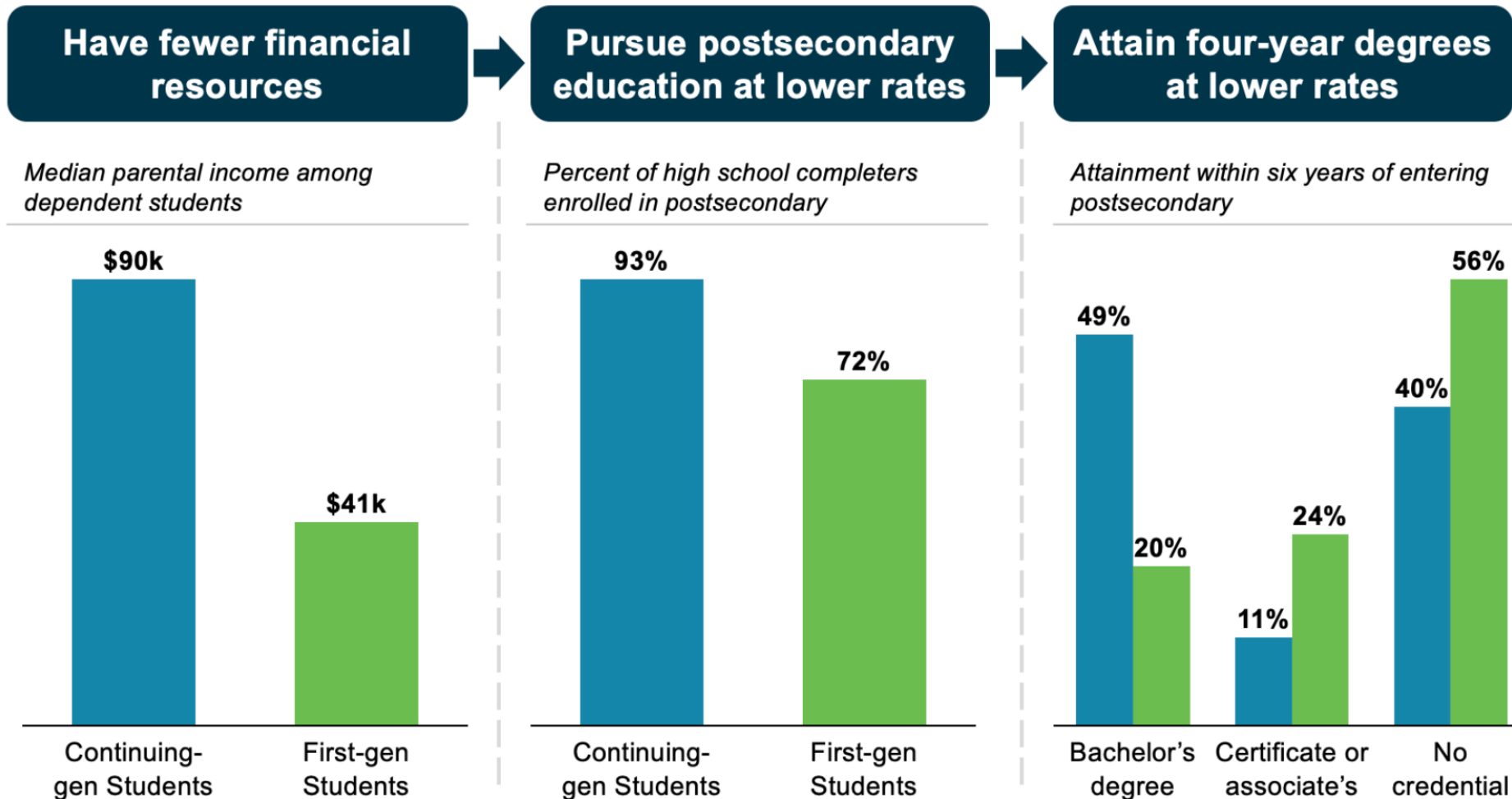


Family Income and Degree Completion



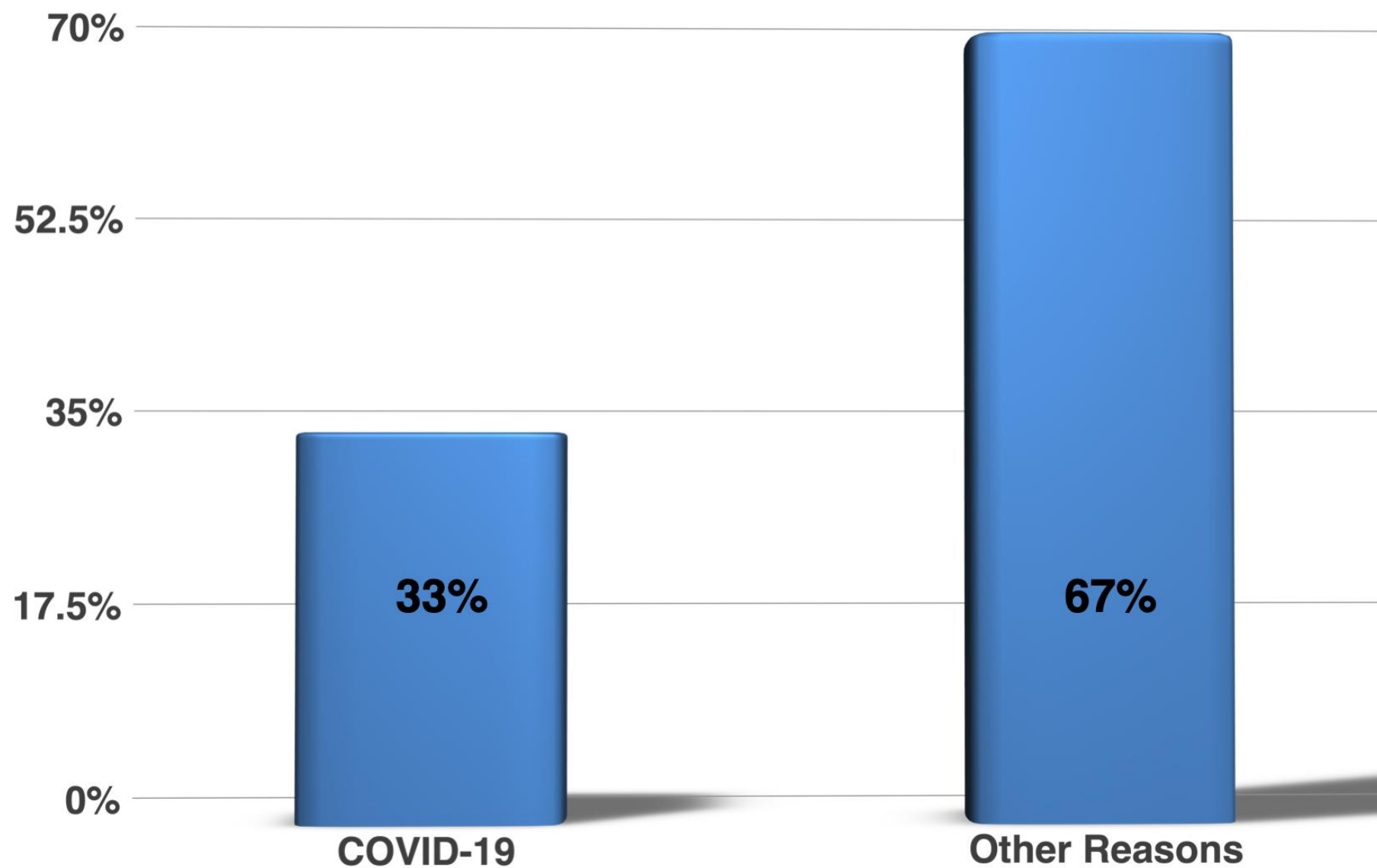
Obtained bachelor's degree
In 5-6 years

Compared to continuing-gen peers, first-gen students have fewer resources and are less likely to pursue & earn a degree



The College Mental Health Crisis

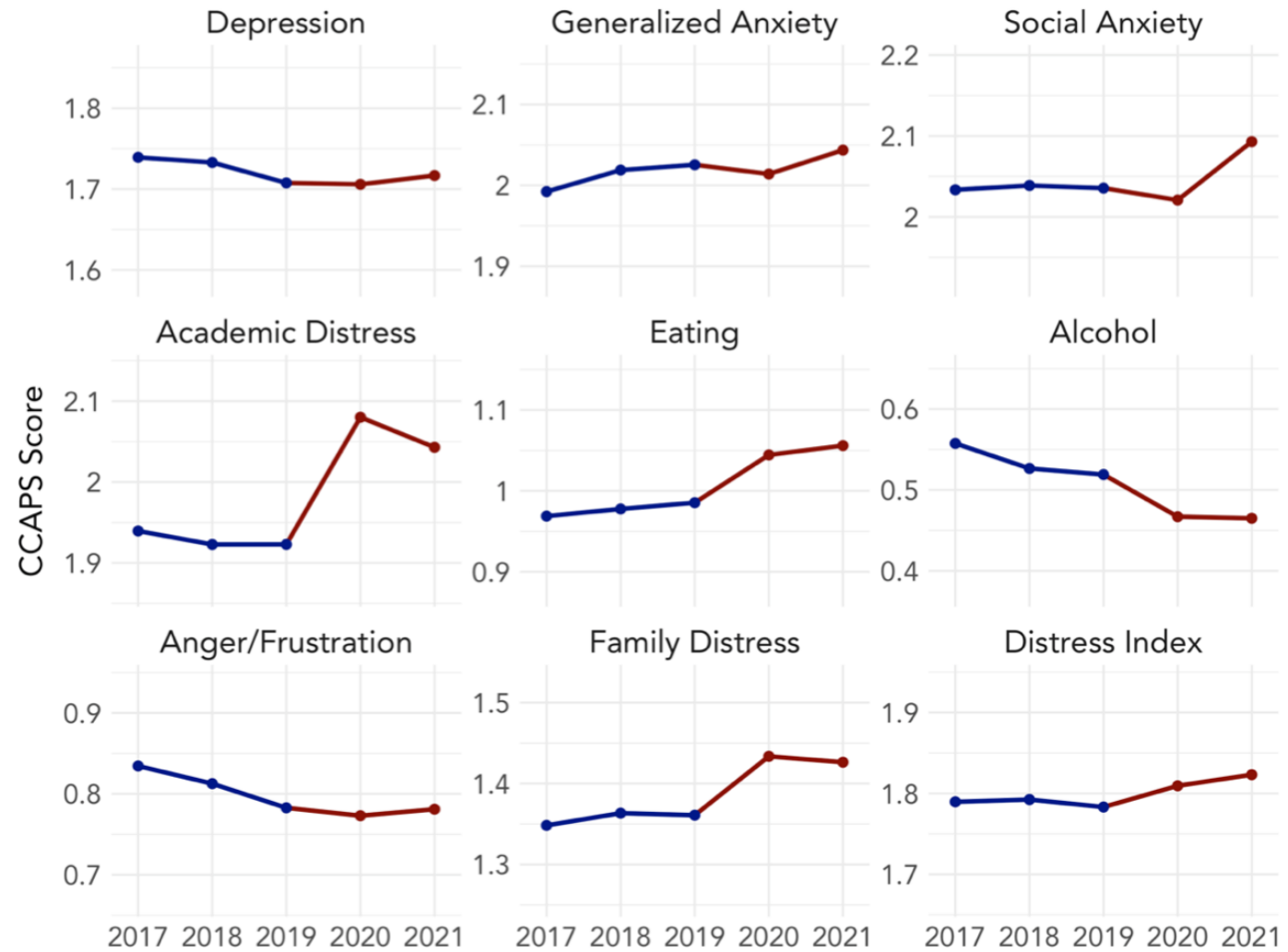
What proportion of students sought mental health treatment due to COVID-19?



Self-reported psychological distress 2017-2021

Average CCAPS Subscale Scores Across Fall Semesters

Red indicates Fall semesters impacted by COVID

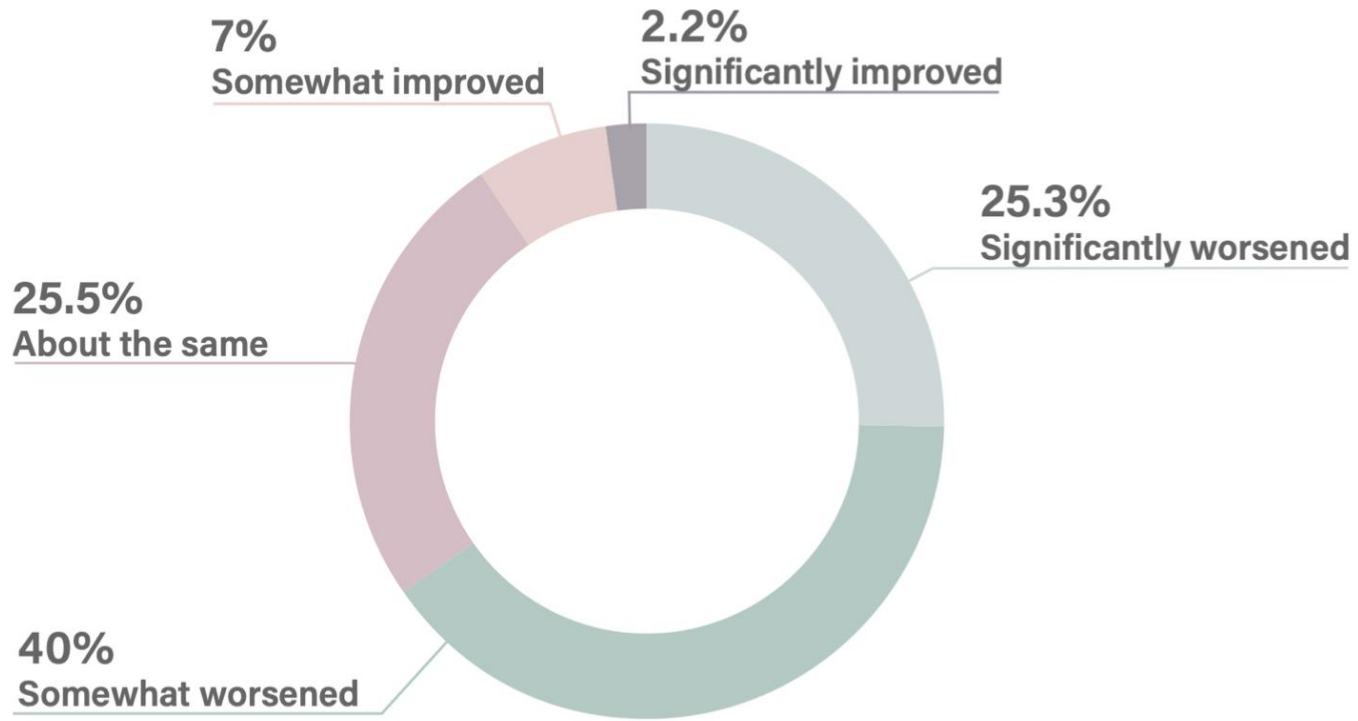


The Pandemic Effect on Mental Health

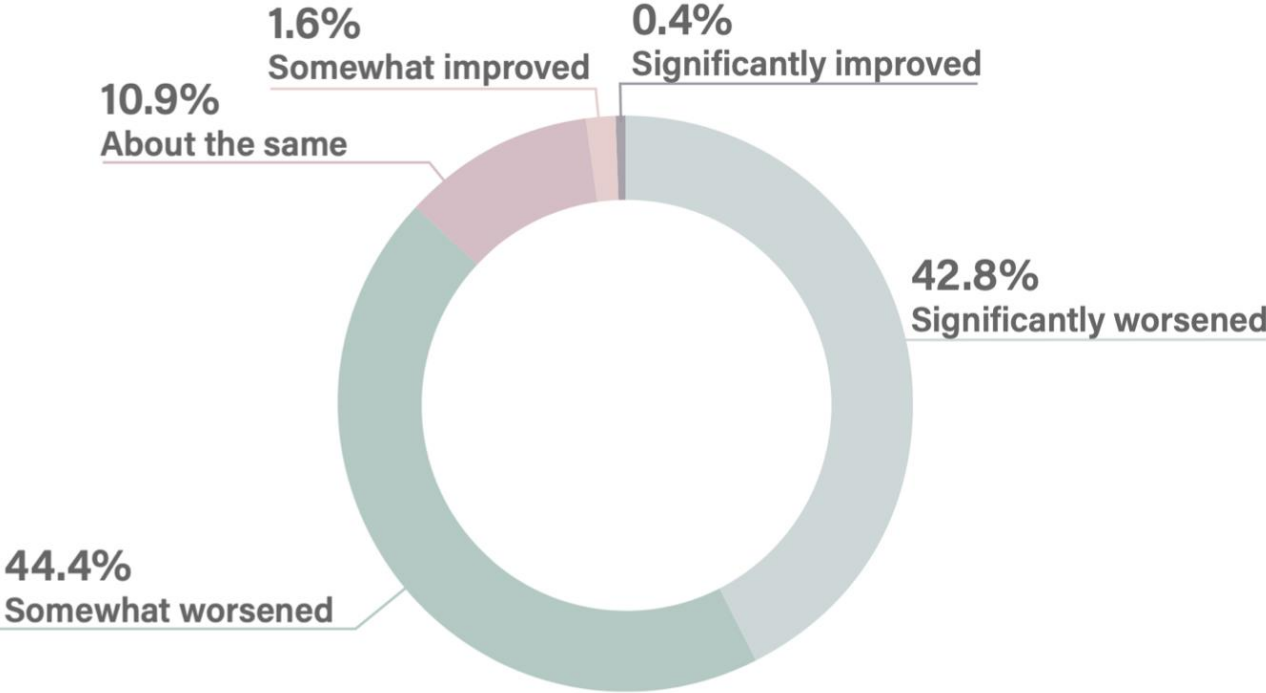
Major depressive disorder and generalized anxiety disorder rates are more pronounced for:

- low-income students
- students of color
- women and non-binary students
- transgender students
- gay or lesbian, bisexual, queer, questioning, asexual, and pansexual students

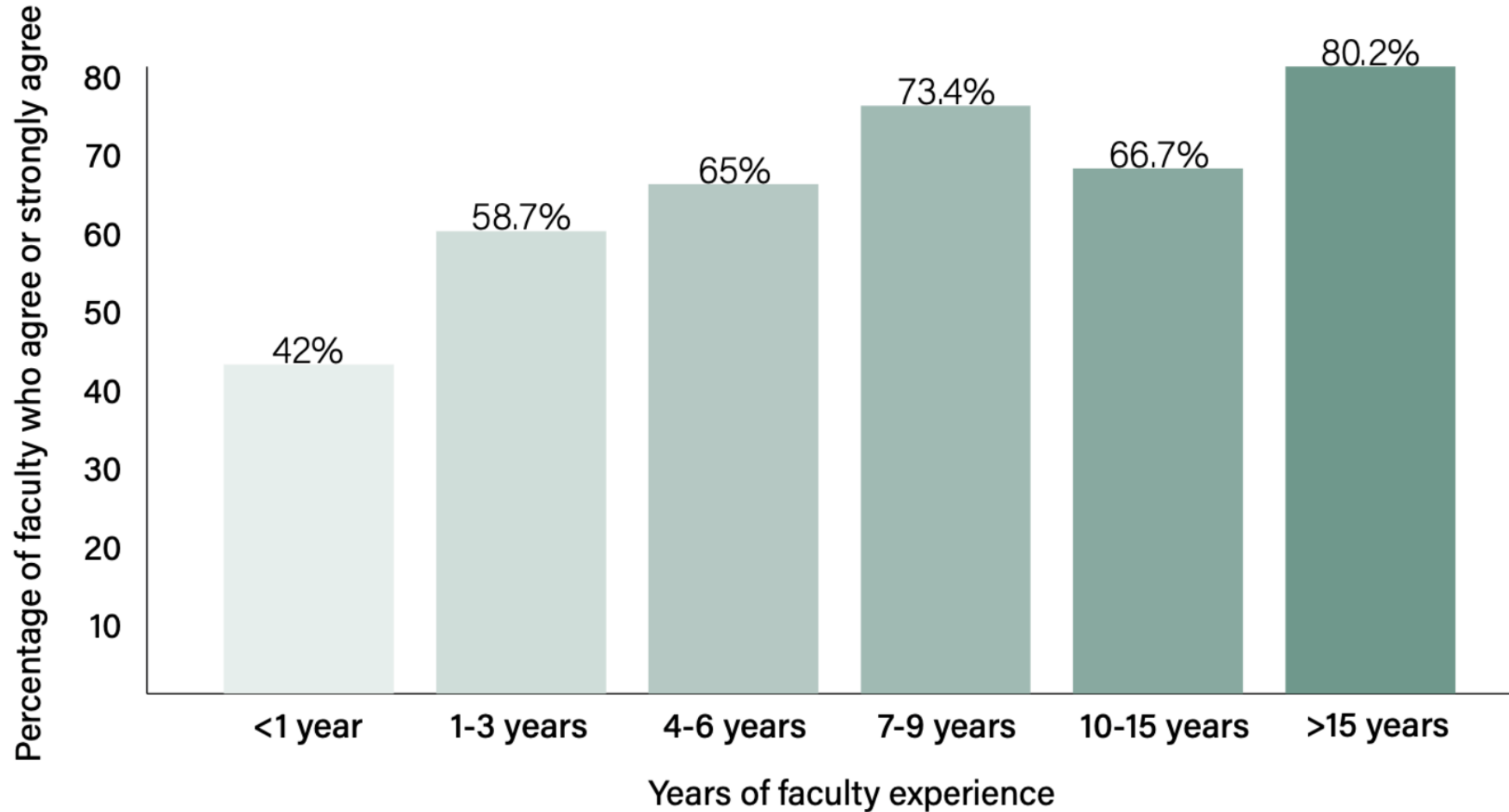
FROM YOUR PERSPECTIVE, HOW IF AT ALL HAS STUDENT MENTAL HEALTH CHANGED SINCE YOU BEGAN YOUR CAREER?



GRAPH 2: FROM YOUR PERSPECTIVE, HOW IF AT ALL HAS STUDENT MENTAL HEALTH CHANGED SINCE THE COVID-19 PANDEMIC BEGAN?

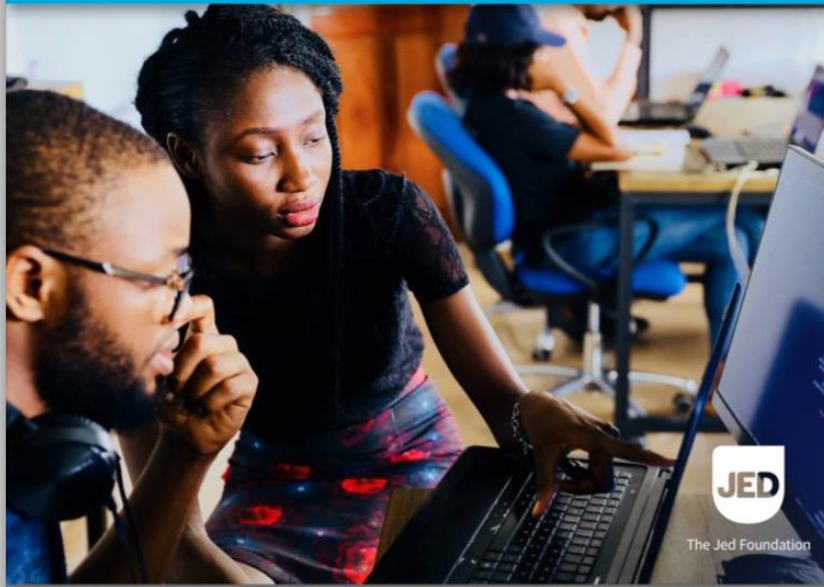


I KNOW WHAT MENTAL HEALTH SERVICES, IF ANY, ARE AVAILABLE FOR STUDENTS AT MY INSTITUTION



Faculty Guide to Supporting Student Mental Health

How to create a culture of care on campus



The State of Student Mental Health

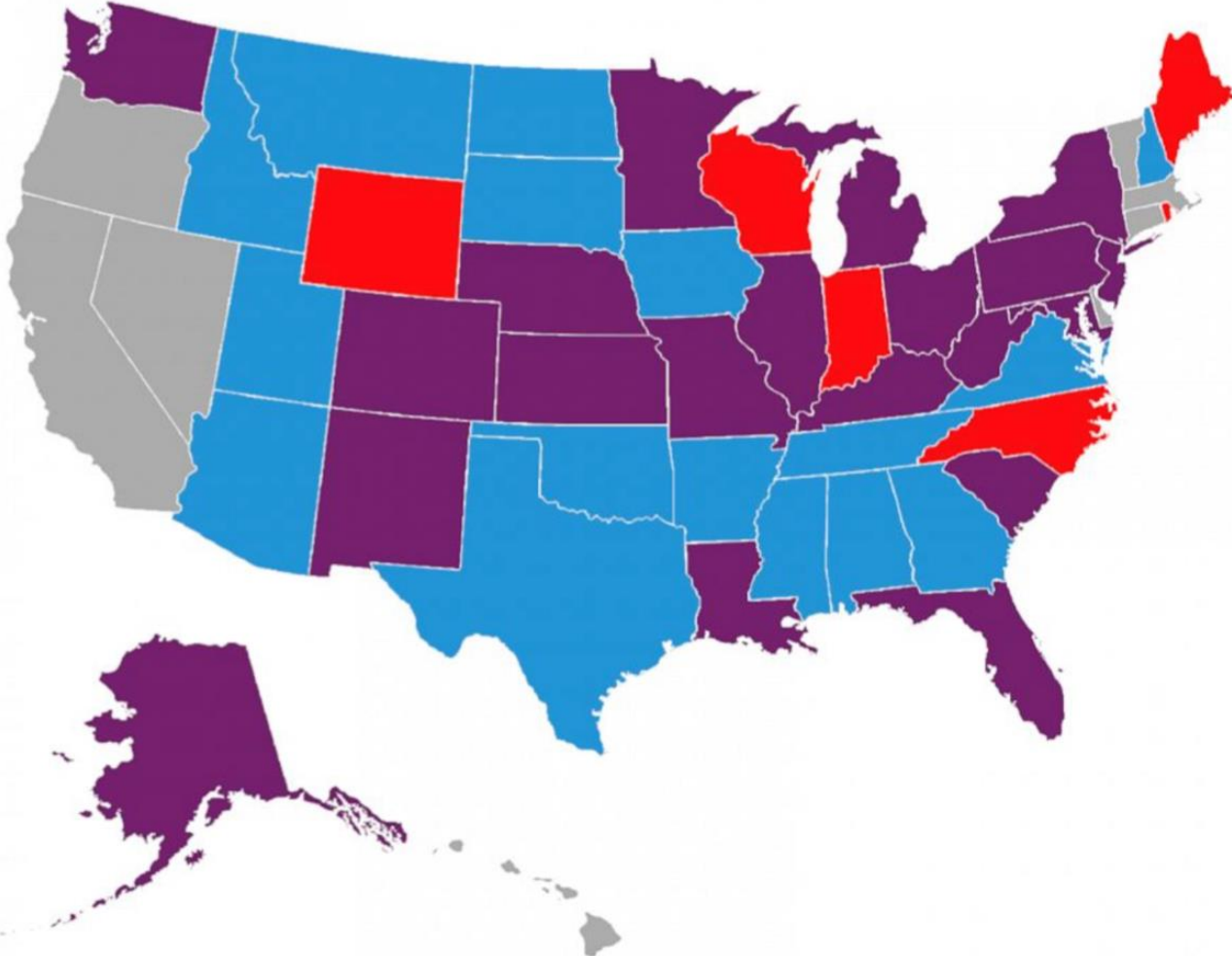
<https://jedfoundation.org/faculty-guide/>

The Political Divide

Anti-critical Race Theory Education Efforts Across the U.S.

LEGISLATION THAT WOULD RESTRICT EDUCATION ON RACE IN CLASSROOMS OR STATE AGENCIES HAS BEEN INTRODUCED AND SIGNED INTO LAW ACROSS THE COUNTRY.

- Signed into law / budget
- Proposed / pending
- Failed to pass



AS OF 3/23/22

The Plan to Dismantle DEI

Conservatives take on colleges'
"illiberal" bureaucracy.

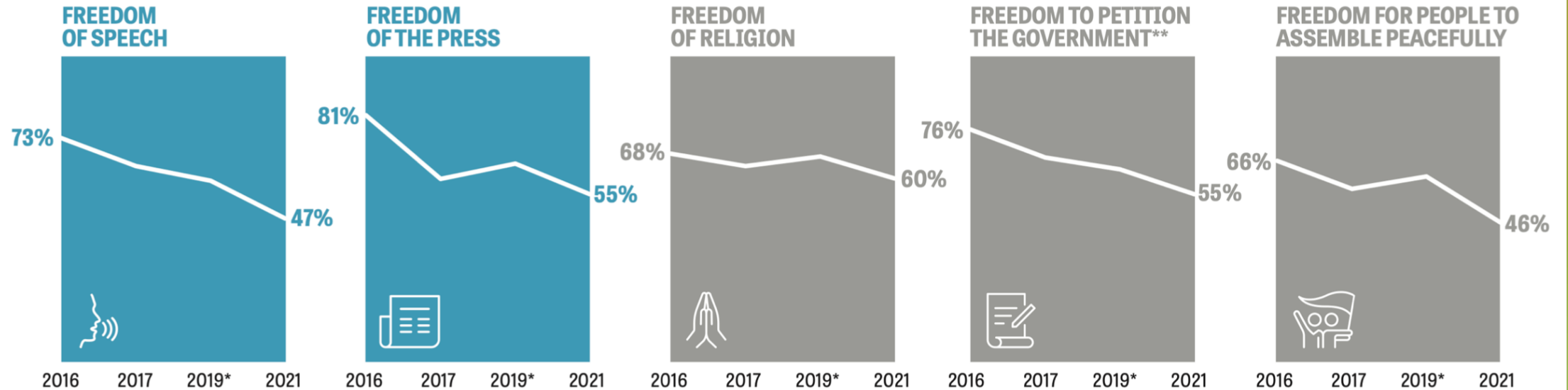


Manhattan and Goldwater Institutes - Model State Legislation

- Prohibits colleges from hiring diversity, equity, and inclusion officers
- Eliminate trainings to identify and fight against systemic racism
- Eliminate requirements for employees to commit to diversity statements
- Disallow even institutional commitments to social justice and recommendations that students be addressed by their preferred pronouns.

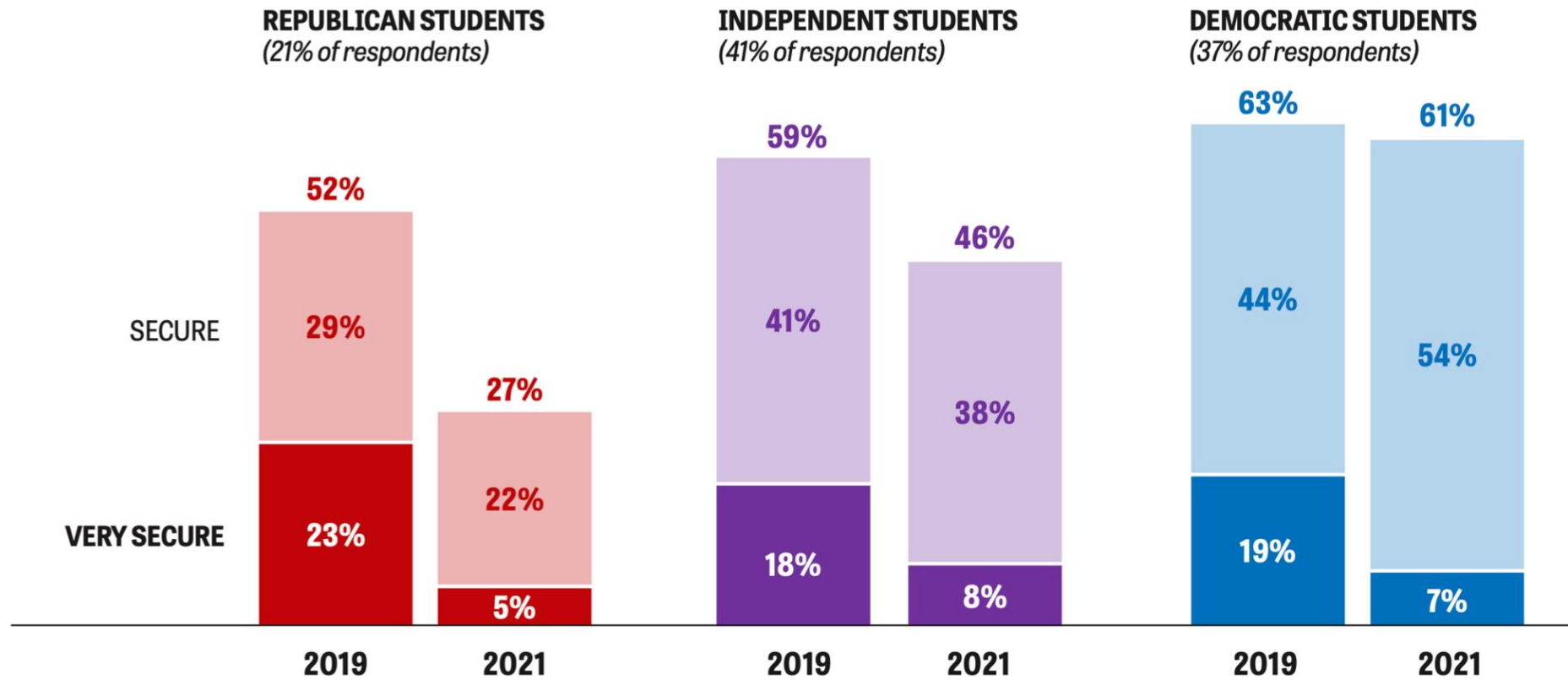
A steadily declining share of students think free speech rights are secure

Percent who think the following rights are very secure/secure in the country today



Partisan divide is widening over whether students see freedom of speech as secure, driven by a decline among Republicans

Percent who think freedom of speech is very secure/secure in the country today



Charting the Future: Where Do We Go From Here?

Table Exercise

+

Recommendations & Promising Practices

Recommendations

- + Elevate urgent needs especially basic needs.
- + Disaggregate data
- + Review policies
- + Engage with students/ families
- + Retain online options
- + Connect college to career
- + More on-campus employment and paid internships